

Phone _____ CONSULTATION GUIDE



Purpose of Phone Consultation

The purpose of the phone consultation is to take 15 minutes to chat about your goals and to decide if we are the best fit to work together. The phone consultation is a casual conversation and not therapy. We will discuss the expectations of therapy etc.

Couples I work with

The couples I work with are couples who are committed to working on their relationship and are willing to figure out how to make it better. They are willing to open up about hard topics and do whatever it takes to have a healthy relationship. I work with proactive couples who will come to therapy sessions with an area they want to focus on. The couples I work with need additional support to know how to communicate with each other and how to manage their lives together. It doesn't matter how long you've been in the relationship as much as it matters if you are willing to collaborate with me on change rather than expect me to solve the problems for you.

Couples I don't work with

Just because I work with couples doesn't mean I work with all couples. I have a specific focus and type of couple I work with so I can provide the best care possible and give the couples I work with the best outcomes possible. I don't work with couples who have any history of physical abuse or are in a high-conflict relationship. I'm not the best fit for you if you are hoping I will take a side or tell you what to. I don't work with people who aren't motivated and are only there to appease their partner.

Helpful information:

Fee:

\$150 for a 60-minute Couples Therapy Session
Private pay only. No Insurance.

Contact Info:

lwww.marcushunttherapy.com
marcushuntmft@gmail.com
801-885-3248

Frequency:

I expect couples to attend therapy every week and commit to 6 months of work together.

Scheduling:

Please note that I only offer sessions during daytime hours and do not work evenings or weekends. I have a 48-hour cancellation policy to avoid a cancellation fee of the full session.