

Phone _____ CONSULTATION GUIDE



Purpose of Phone Consultation

The purpose of the phone consultation is to take 15 minutes to chat about your goals and to decide if we are the best fit to work together. The phone consultation is a casual conversation and not therapy. We will discuss the expectations of therapy etc.

Who I work with

I work best with men in their 20s and 30s who are willing to do whatever it takes to get better. The men I work with want to be in therapy and are doing so voluntarily. The men I work with struggle with depression, anxiety, and mild PTSD symptoms. They generally have healthy, supportive relationships to help them through the therapy process. I love working with returned missionaries who didn't have the best two years of life and would like to work through these experiences. My clients are open and willing to talk about what they are going through. Some ambivalence is normal, but mostly they are willing to be uncomfortable if it means a better outcome for themselves.

Who I don't work with

I do not work with children or adolescents. I do not work with substance abuse-related issues, anger management issues, or court-ordered clients. I don't work well with avoidant clients who expect me to have all the answers. I do not have experience working with those on the autism spectrum and thus would not be the best fit. I don't work with clients who are actively suicidal, have a suicide history, or engage in any self-harm behaviors.

Helpful information:

Fee:

\$130 for a 45-minute session.
Private pay only. No Insurance.

Contact Info:

lwww.marcushunttherapy.com
marcushuntmft@gmail.com
801-885-3248

Frequency:

I expect individuals to attend therapy every week and commit to 6 months of work together.

Scheduling:

Please note that I only offer sessions during daytime hours and do not work evenings or weekends. I have a 48-hour cancellation policy to avoid a cancellation fee of the full session.